

KAUNTEI INDIA TOURS

Himalayan *Spiritual Journey* & Varanasi

A sacred exploration of the Himalayas, the Ganges, and India's timeless spiritual traditions

13

DAYS

7

SACRED TOWNS

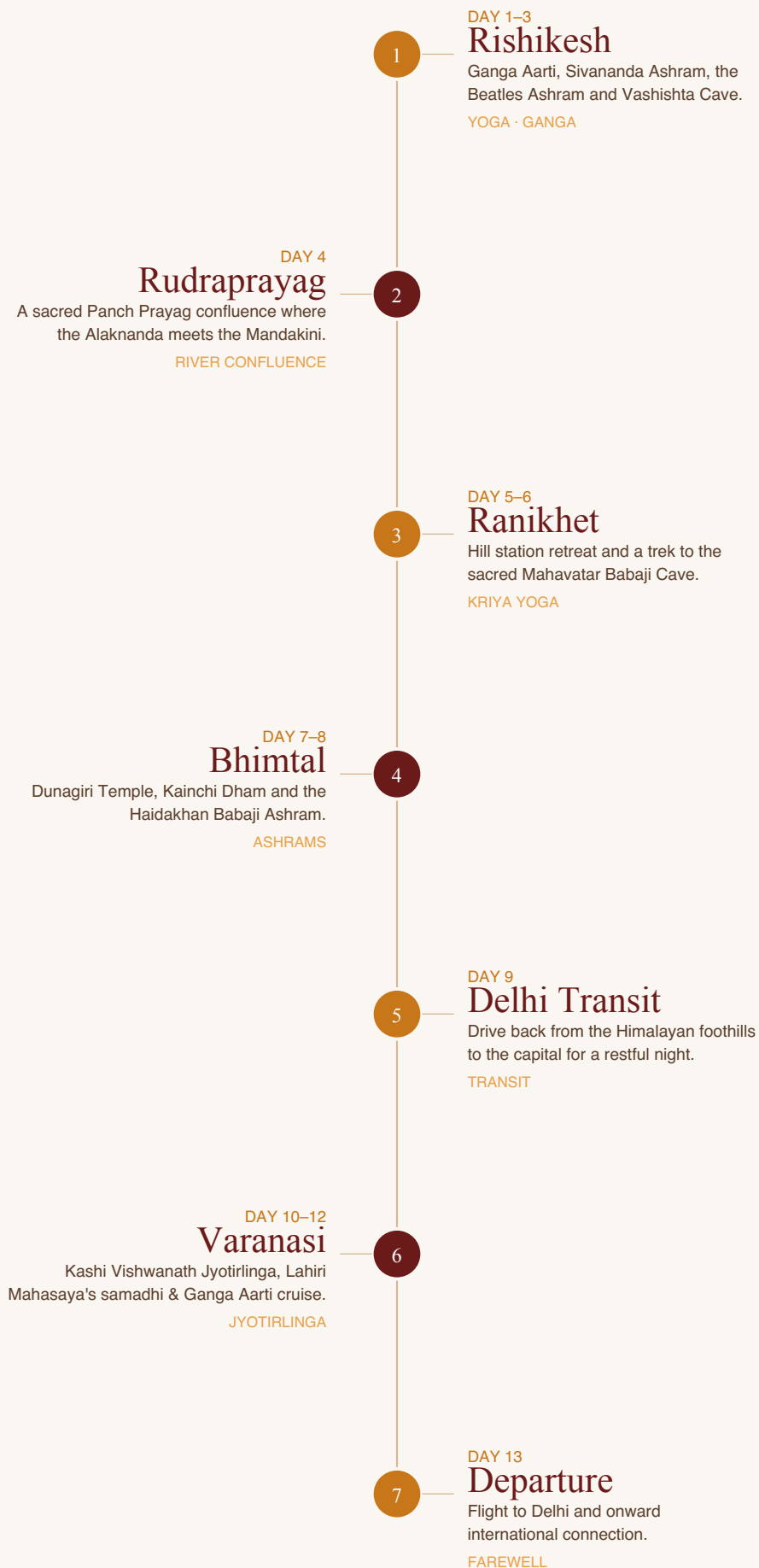
4

HIMALAYAN ASHRAMS

Rishikesh · Rudraprayag · Ranikhet · Bhimtal · Delhi · Varanasi

THE ROUTE

From the foothills of the Himalayas to the ghats of the Ganges



Thirteen days through Himalayan caves, sacred confluences and the ghats of Varanasi
DAY 1
Arrival & Rishikesh

Fly via Delhi and Dehradun to Rishikesh on the banks of the Ganga. A ritual dip in the river, followed by the evening Ganga Aarti at Parmarth Niketan Ashram or Triveni Ghat.

GANGA · ARRIVAL

DAY 4
Rudraprayag

Journey deeper into the Himalayas to Rudraprayag, one of the five Panch Prayag confluences, where the Alaknanda and Mandakini rivers merge in a powerful spiritual junction.

SACRED CONFLUENCE

DAY 7
Dunagiri & Kainchi Dham

Visit the Dunagiri Temple, a powerful seat of divine feminine energy, then Kainchi Dham, the ashram of beloved saint Neem Karoli Baba, before arriving at Bhimtal Lake.

DIVINE FEMININE

DAY 10
Flight to Varanasi

Fly to Varanasi, one of the oldest continuously inhabited cities on earth. An evening walk along the ghats reveals the vibrant spiritual life of the Ganges at dusk.

SPIRITUAL HEART

DAY 13
Departure

Transfer to the airport for your flight to Delhi and onward international departure, carrying the stillness of the Himalayas and the sacred Ganges with you.

FAREWELL

DAY 2
Rishikesh Exploration

Visit Sivananda Ashram and the Divine Life Society headquarters. Cross the Lakshman Jhula and Ram Jhula bridges, the Neelkanth Mahadev Temple, and the Beatles Ashram where the band studied meditation in 1968.

YOGA CAPITAL

DAY 5
Ranikhet

Scenic drive into the Kumaon Himalayas to Ranikhet, a peaceful colonial-era hill station surrounded by pine and cedar forest with sweeping Himalayan views.

HILL STATION

DAY 8
Haidakhan Babaji Ashram

A tranquil day at the Haidakhan Babaji Ashram, associated with a teacher many devotees regard as a manifestation of Mahavatar Babaji himself.

ASHRAM

DAY 11
Kashi Vishwanath

Darshan at the Kashi Vishwanath Temple, one of the twelve Jyotirlingas, followed by the samadhi shrine of Lahiri Mahasaya, the householder yogi who revived Kriya Yoga.

JYOTIRLINGA

DAY 3
Vashishta Cave

Drive upstream to the ancient Vashishta Gufa, associated with the Vedic sage Vashishtha, and the nearby cave linked in legend to Jesus Christ's unrecorded years. Optional return visit to the Ganga Aarti.

MEDITATION

DAY 6
Mahavatar Babaji Cave

A gentle two-kilometre uphill trek near Dwarahat to the cave where, in Kriya Yoga tradition, the immortal yogi Mahavatar Babaji revealed the sacred science to Lahiri Mahasaya in 1861.

KRIYA YOGA

DAY 9
Return to Delhi

Leave the Himalayan foothills and drive back to Delhi, an eight-to-ten hour journey depending on road conditions. Check in and rest for the onward flight.

TRANSIT

DAY 12
Temples & Ganga Aarti

Visit the Sankat Mochan Hanuman Temple and the Durga Temple, then a boat cruise on the Ganges for the spectacular evening Ganga Aarti — chants, bells and a thousand lamps.

RIVER CRUISE

Kauntei India Tours

CRAFTED JOURNEYS · LIVING TRADITIONS

*For enquiries and custom departures,
we would love to hear from you.*

www.kaunteitours.com

*The Ganga Aarti has been performed at Varanasi's ghats every single evening for centuries —
an unbroken ritual older than most nations on earth.*